



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



READY...SET...  
**SUMMER!**

**Glenville YMCA  
SUMMER CAMP 2018**

## Great Fun! Great Value! From 7AM to 6PM!

At the Y, summer camp is an enjoyable and impactful blast for your child, and flexible and convenient for you!

### JUST LOOK AT ALL WE OFFER

Our camp day is scheduled with age-appropriate activities from 9AM to 4PM Monday through Friday. Plus! We're open for before and after care from 7AM to 9AM and 4PM to 6PM at no additional cost. That's 11 hours of care daily! And we offer campers an in-house or traveling field trip as well as a t-shirt!

### SAVE \$100

With our sibling savings option, you save more for each additional child you send together to camp. For each additional child who attends camp, you save \$10 a week! That's a savings of up to \$100 for each additional child.

### FINANCIAL ASSISTANCE

We offer financial assistance for those who need help to afford summer camp. Please call us today to learn more at 518.399.8118. We're able to offer summer camp to those in need thanks to the generosity of many donors, who support our Annual Campaign. Please help us help others. Donate to the Y today.



## CAMP CONTACTS

### CAMP DIRECTOR:

Kerri DiCaprio — 518.399.8118 x 4420  
Starting June 25, 2018 Cell # 518.858.5315

### BILLING & DSS QUESTIONS:

Billing Services Dept. — 518.869.3500 x 9960

### IN CASE OF AN EMERGENCY:

If you need to reach your child while she/he is with us at camp, please call 518.399.8118.

### NEW This Summer!

- New Games
- More Field Trips
- New Specialty Camps – Wizarding World, Art and Music Around the World, and Engineering Expedition

### JOIN US!

## Open House for Parents of New Campers

**SATURDAY, JUNE 16**  
**First-Time Camper Parents**  
**10AM to 12PM**



### Communication is Key

- Enjoy new opportunities to meet and interact with your child's **counselors!** From information about each counselor's skills and abilities, to fun meet and greet activities, you and your child will feel at ease in our care this summer before camp even begins!
- Enjoy more **detailed information about trips**, activities, and events — information which comes your way a week ahead!

### Safety and Staff: A Winning Combo!

Our day camps meet the highest health and safety standards of the YMCA and the NYS Health Department. Camps are inspected twice each year by the Department of Health and files are available for inspection at your county health department office.

Our hand-picked staff are trained in First Aid, CPR, pool safety, heat and sun safety, age-appropriate activities, conflict resolution, rainy day play and more! Staff training includes almost 30 hours before camp begins.

Our camper to counselor ratios follow best practices, with ratios from 1 counselor to 6 campers to 1 to 12, and pool ratios from 1 to 3 (for non-swimmers) to 1 to 8 (for deep-end swimmers). There are always two certified lifeguards on deck when we're in the pool!

### Camper Safety

Safety comes first at the Y. That's why we ask all campers to celebrate camp in ways that are respectful to themselves, other campers, and our staff. To ensure the safety of all those in our care, a camper whose behavior poses a risk to safety may be removed from camp.

### Photos and Videos

To help share the fun of summer camp, YMCA staff use photographs and videos that feature children from our camps for promotional materials.

### Refunds

We cannot refund the cost of camp for the voluntary withdrawal of a camper due to illness, vacation, or other absence (temporary or permanent), or for the dismissal of a camper.



# OUR PROGRAMS — Building Confident Children

## PRE-SCHOOL CAMP

Ages 3 and 4 • 9AM — 12PM

3-Day & 5-Day Options

Let us help your little one gain independence and learn cooperation skills through fun activities that promote early literacy, and help develop motor skills. We lead pre-schoolers through games, crafts, story time and more. (Children need to be potty trained, please.)

## KINDER CAMP

Entering Pre-K and Kindergarten

3-Day & 5-Day Options

Let us help your child gain confidence and build social skills with a balance between structured activities, free play, and character development projects. Children enjoy daily swimming, arts & crafts, sports, games, and more.

## DAY CAMP

Entering Grades 1 – 6

Your child will build confidence while enjoying a variety of programs and activities that encourage the development of independence and learning new skills. Campers enjoy swimming, sports, art, and special events. Children also engage in community building projects and many additional opportunities for personal growth with our focus on discovery, hands-on education, and enriched learning opportunities.

## JUNIOR TRAVEL CAMP

Entering Grades 4 – 5

Campers enjoy weekly field trips twice a week to various locations that allow our campers to explore, educate, experience and to enjoy what our Capital region has to offer.

## TRAVEL CAMP

Entering Grades 6, 7 & 8

Campers enjoy weekly field trips twice a week to various locations that allow our campers to explore, educate, experience and to enjoy what our capital region has to offer.

## COUNSELOR-IN-TRAINING (CIT) PROGRAM

Ages 14 and 15

Let us help your teen develop leadership and social skills that will help her/him in school and in life. CITs learn skills to help manage conflict, lead others, and build a strong team. CITs are also actively engaged in community oriented projects as well as mentoring camp staff. Please call today to learn more about enrolling your teen in our CIT program.

## SWIM LESSONS

You child can learn to swim at camp! This life- saving skill can be part of your child's summer camp experience. Swim lessons are offered during swim time each day.

### Swim Lesson Schedule

KINDER CAMP

Tuesdays &  
Thursdays

DAY CAMP

Tuesdays,  
Thursdays &  
Fridays



## CAMP REGISTRATION



### TWO WAYS TO REGISTER:

1. **ONLINE AT** [www.CDYMCA.org/CAMP](http://www.CDYMCA.org/CAMP) to complete your child's registration.
2. **AT YOUR YMCA BRANCH,** kiosks will be available for you to complete your child's registration. Staff will also be available for assistance.

### ADDITIONAL INFORMATION/APPROVALS:

Upon registration, you will receive an email from **CampDoc.com** requesting medical information, immunization records, emergency contacts and authorized pickups, as well as approve medical emergency, photo/video permission, activities, and sunscreen release forms. This is all completed online.

# SPECIALTY CAMPS — Encouraging Exploration

## GRADES 2 to 8

### Gymnastics Camp

#### Week 4

This camp is designed for the beginner and the child with little experience. Campers learn new skills, get acquainted with equipment, meet new friends, and have fun. Experienced instructors make this camp the best program for gymnasts in the beginning stages of gymnastics. Children enjoy 3 hours of gymnastics each day and then join the regular Day Camp program.



### Basketball and Baseball Camp

#### Week 5

Learn the basic fundamentals of basketball and baseball with the guidance of experienced players. No experience necessary. Campers enjoy 3 hours of basketball and baseball each day and then join the regular Day Camp program.



## GRADES 3 to 8

### NEW! A Week in the Wizarding World

#### Week 3

Tons of activity and imagination and FUN this week. Immerse yourself in the world of Harry Potter while enjoying all that camp has to offer. Campers will be creating wands and broomsticks and playing the Wizards favorite sport of "quidditch" and much more of "WIZARDILY" activities!



### Sports Camp

#### Week 6

Based on a foundation of teamwork, fun and competitive play, YMCA Sports Camp is an excellent option for the child who enjoys sports and being active. Each day campers are introduced to a new sport with one purpose: having fun! In addition to swimming, campers participate in skills clinics, sports specific exercises and stretching routines as well as competitive play. This is a full day camp.



### Engineering Expedition

#### Week 7

Incorporating math, science, technology and recyclable materials, this week provides different hands on activities that encourage campers to explore and use their creative thinking. Campers work together to create a final project involving a marble run using recyclable materials and new learnings from this experience.



### Art and Music Around the WORLD Camp

#### Week 8

Based on learning the basic fundamentals of art and music from around the world, campers create a variety of art activities and learn different types of music from different countries. Campers perform and display their creative art and perform their music Friday, August 17 at 1PM. Please join us for the performance!



# SUMMER CAMP PLANNER — Summertime Fun!

CAMP	Member Rate	Non Member Rate	Camp Week										Sub Total	
			#1 6/25 to 6/29	#2* 7/2 to 7/6	#3 7/9 to 7/13	#4 7/16 to 7/20	#5 7/23 to 7/27	#6 7/30 to 8/3	#7 8/6 to 8/10	#8 8/13 to 8/17	#9 8/20 to 8/24	#10 8/27 to 8/31		
Day Camp (Grades 1 - 6)	\$190	\$240												+
Pre-School Camp - 5 Days Half Day (Ages 3 & 4)	\$90	\$140												+
Pre-School Camp - 3 Days Half Day (Ages 3 & 4)	\$60	\$110												+
Kinder Camp - 5 Days Entering Pre-K & Kindergarten	\$190	\$240												+
Kinder Camp - 3 Days Entering Pre-K & Kindergarten	\$115	\$165												+
Junior Travel Camp (Gr 4-5)	\$240	\$290												+
Travel Camp (Gr 6-8)	\$240	\$290												+
Counselor-in-Training (CIT) (Ages 14 & 15)	\$140	\$190												+
Swim Lessons - Kinder Camp	\$15													+
Swim Lessons - Day Camp	\$20													+
* <b>WEEK 2 RATES</b> prorated for July 4 <sup>th</sup> holiday • Day - \$152/\$192 • Pre-School (5 day) - \$72/\$112 • Kinder (5 day) - \$152/\$192 Jr Travel/Travel - \$192/\$232 • CIT - \$112/\$152														
Gr 2 - 8	Gymnastics	\$205	\$255											+
	Basketball & Baseball	\$205	\$255											+
Grades 3 - 8	A Week in the Wizarding World	\$205	\$255											+
	Sports	\$205	\$255											+
	Engineering Expedition	\$205	\$255											+
	Art & Music Around the World	\$205	\$255											+
Subtract \$10 (per week) if you qualify for the sibling discount (for each child after the first child).													-	
You will need to include a weekly \$10 non-refundable camp deposit (per child) when registering.											TOTAL	=		

## BILLING SCHEDULE

Camp Week	Payment Due	Camp Begins
Week 1	June 25	June 25
Week 2*	July 2	July 2
Week 3	July 9	July 9
Week 4	July 16	July 16
Week 5	July 23	July 23
Week 6	July 30	July 30
Week 7	August 6	August 6
Week 8	August 13	August 13
Week 9	August 20	August 20
Week 10	August 27	August 27

\*Will be pro-rated due to July 4<sup>th</sup> Holiday



# WEEKLY CAMP THEMES — Weekly Fun!

## Week 1

June 25 - 29

### ADVENTURE AWAITS

Find your tribe! Meet your squad! Begin to make your way through summer 2018! We'll explore the Y's Core Values of caring, honesty, respect, and responsibility through engaging "get to know me" activities that start summer off right by helping every camper to make friends, memories and fun!

## Week 2

July 2 - 6  
Closed  
July 4th

### SPIRIT WEEK

Help us celebrate and show your camp spirit with these daily camp themes!

Monday — Crazy Hair Day                      Thursday — Hat Day  
Tuesday — Red, White and Blue Day        Friday — PJ Day  
Wednesday — Closed for July 4<sup>th</sup> holiday

## Week 3

July 9 - 13

### COLOR COLLISIONS

Get ready for one of our most popular weeks of camp, filled with fun, friendly competition. Spend the week showing off your favorite color combos! We'll get messy and creative working with all the colors of the rainbow in many different ways!

## Week 4

July 16 - 20

### GAME ON!

It's fun and games all week long! Campers will enjoy Minute to Win It activities, game show type challenges and fun carnival games!

## Week 5

July 23 - 27

### SUPERHERO WEEK

Help us save the world! We'll enjoy a week at camp doing fun activities and great games. We'll celebrate all our heroes, from comic book heroes to real life heroes!

## Week 6

July 30 - Aug 3

### PASSPORT TO SUMMER

Pack your bags and grab your passports. We're off on new adventures learning about different cultures and countries through games, music, and crafts. We'll round the week out representing countries from around the world at **Ultimate Summer Games!** Fri., Aug. 3, 10AM at Adventure Camp

## Week 7

Aug 6 - 10

### HOLLYWOOD WEEK

Whether it's singing, performing, inventions or magic, we've got the space to celebrate each camper's talents! We'll spend the week practicing a stellar program for our family and friends as we put on our Camp Talent Show! Walk the red carpet and create your very own YMCA Walk of Fame.

## Week 8

Aug 13 - 17

### H2 OH YEAH!

Don't let the heat stop you! This will be one wild, wet and water filled week! Pack a swimsuit, goggles and sunscreen as we prepare to play extreme water games.

## Week 9

Aug 20 - 24

### DANCE THE DECADES

The mashed potato! The hustle! The moon walk and MORE! This week promises to keep campers on their feet as we listen and move to the sounds of the 50s, 60s, 70s, 80s and 90s.

Monday — 50s Sock Hop Day                      Thursday — 80s Hair Band Day  
Tuesday — 60s Tie Dye Day                      Friday — 90s Grunge Day  
Wednesday — 70s Disco Day

## Week 10

Aug 27 - 31

### GREATEST HITS WEEK

For our grand finale week, campers decide the activities! We'll take the most popular themed days, games and activities and relive them one last time this summer!

## OVERNIGHT CAMP FUN!



### Camp Chingachgook on Lake George

#### FREE TOURS & FAMILY DAYS!

Please join us at Chingachgook for our **Open House** events on April 22 & 29 and May 6 & May 20. Join us for our **Winter Wonderland** and **Spring Fling Days**, free opportunities for families to experience Camp (archery, crafts, hikes, and more!), lunch is included. Our Winter Wonderland Days are February 17 and 24 and the Spring Fling is May 12.

To RSVP for these events please call 518.656.9462. You can also call to request a personal tour with our Summer Camp Director or Adventure Trips Director at a time that works for your family. Visit [www.LakeGeorgeCamp.org](http://www.LakeGeorgeCamp.org) or call 518.656.9462 to learn more and sign up for programs.



## DAY CAMP FUN!



### YMCA Adventure Camp

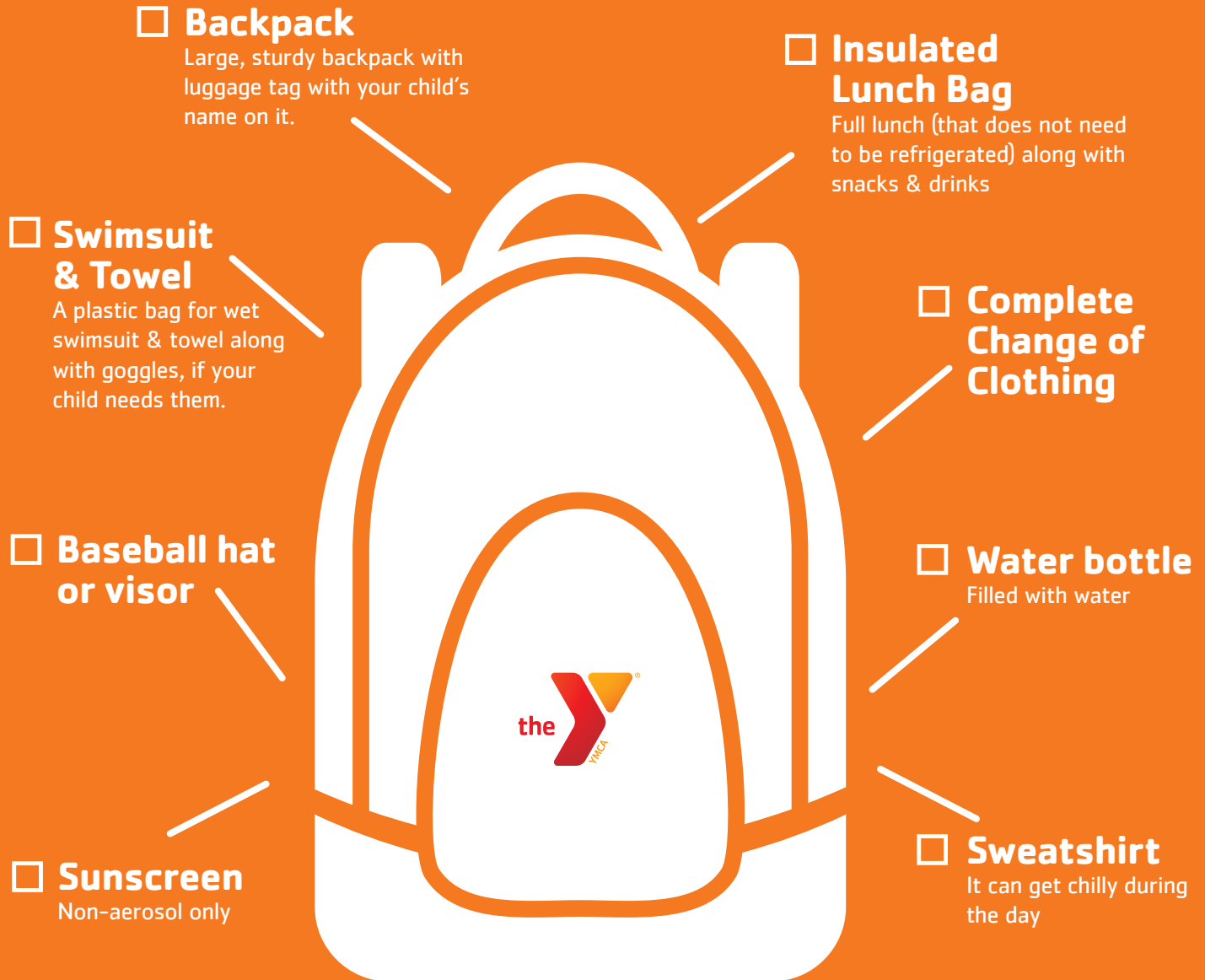
Located just off Route 155 in Guilderland, YMCA Adventure Camp is our **premier regional day camp**, with an outdoor pool, pond with paddle boats, zip line, rock wall, and much more!

#### FREE TOURS!

Visit [www.CDYMCA.org](http://www.CDYMCA.org) today for our tour schedule, or call 518.456.6929. Also, join us for one of our **Open House** events: Wednesday, May 16 (5 to 7PM) and Sunday, June 3 (11AM to 1PM).



# WHAT TO BRING TO CAMP — Camper Essentials!



**PLEASE ADD YOUR CHILD'S NAME TO EVERYTHING THEY BRING TO CAMP.**

Also, please have your child dress appropriately for outdoor play (no dresses/skirts/dress shoes).

Please send your child in SNEAKERS EVERYDAY (no flip-flops or sandals).

Each camper receives a camp T-shirt.

**For the safety of your child,** we ask that all campers wear their camp T-shirt on field trip days.

**To help your child take full advantage of all that we have to offer, please leave these items home:**



Personal toys from home  
Electronic equipment  
(including cell phones, Nintendo DS, and other gaming devices)  
Trading or game cards



**CAPITAL DISTRICT YMCA**  
**Glenville Branch**  
127 Droms Road  
Glenville, NY 12302

**PHONE 518.399.8118**  
**FAX 518.399.1925**

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**FOR YOUTH DEVELOPMENT®**  
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**NEW**  
**in 2018**

- NEW GAMES
- MORE FIELD TRIPS
- NEW SPECIALTY CAMPS
  - Wizarding World, Art and Music Around the World, and Engineering Expedition



**JOIN US!**

**Open House for Parents  
of New Campers**

Please join us for a preview of  
summer camp. All are welcome!

**SATURDAY, JUNE 16**  
**First-Time Camper Parents**  
**10AM to 12PM**

