



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



READY...SET...
SUMMER!

**Greenbush YMCA
SUMMER CAMP 2018**

Great Fun! Great Value! From 7AM to 6PM!

At the Y, summer camp is an enjoyable and impactful blast for your child, and flexible and convenient for you!

JUST LOOK AT ALL WE OFFER

Our camp day is scheduled with age-appropriate activities from 9AM to 4PM Monday through Friday. Plus! We're open for before and after care from 7AM to 9AM and 4PM to 6PM at no additional cost. That's 11 hours of care daily! And we offer campers swim lessons and in-house or traveling field trips as well as a t-shirt!

SIBLING SAVINGS = For Each Additional Child in Camp, Save \$100!

With our sibling savings option, you save more for each additional child you send together to camp. For each additional child who attends camp, you save \$10 a week! That's a savings of up to \$100 for each additional child.

FINANCIAL ASSISTANCE

We offer financial assistance for those who need help to afford summer camp. Please call us today to learn more at 518.477.2570. We're able to offer summer camp to those in need thanks to the generosity of many donors, who support our Annual Campaign. Please help us help others. Donate to the Y today.



CAMP CONTACTS

CAMP DIRECTOR:

Alysha Branch — 518.477.2570 x 1220

ASSISTANT CAMP DIRECTOR:

Calli Moise — 518.477.2570 x 1252

BILLING & DSS QUESTIONS:

Billing Services Dept. — 518.869.3500 x 9960

IN CASE OF AN EMERGENCY

If you need to reach your child while she/he is with us at camp, please call 518.858.3564 or 518.857.2237.

What's NEW this Summer?

- New Sports Camp!
- New Special Events!

Join Us!

LEARN TO REGISTER WORKSHOP

Wednesday, March 21
6:30 to 8PM

CAMP OPEN HOUSE & MEET YOUR COUNSELORS

Saturday, June 16
12 to 2PM



Safety and Staff: A Winning Combo!

Our day camps meet the highest health and safety standards of the YMCA and the NYS Health Department. Camps are inspected twice each year by the Department of Health and files are available for inspection at your county health department office.

Our hand-picked staff are trained in First Aid, CPR, pool safety, heat and sun safety, age-appropriate activities, conflict resolution, rainy day play and more! Staff training includes almost 30 hours before camp begins.

Camper Safety

Safety comes first at the Y. That's why we ask all campers to celebrate camp in ways that are respectful to themselves, other campers, and our staff. To ensure the safety of all those in our care, a camper whose behavior poses a risk to safety may be removed from camp.

Photos and Videos

To help share the fun of summer camp, YMCA staff use photographs and videos that feature children from our camps for promotional materials.

Refunds

We cannot refund the cost of camp for the voluntary withdrawal of a camper due to illness, vacation, or other absence (temporary or permanent), or for the dismissal of a camper.

OUR PROGRAMS — Building Confident Children

DAY CAMP

Let us help your child build confidence while enjoying a variety of programs and activities that encourage your child to develop independence while learning new skills. Campers enjoy swimming, sports, art, and special events.

Children in our care enjoy fun activities that encourage physical involvement, social interaction, educational opportunities, leadership building, personal growth and creativity.

Campers are divided into groups according to the grade they will be entering in the fall, with activities appropriate to the interests and needs of each group. Each week has a fun theme and includes camp adventure at no additional cost! Children engage in community building projects and many opportunities for personal growth with our focus on discovery, hands-on education, and enriched learning opportunities.

BRAVES

Entering Kindergarten and 1st Grade

Welcome Braves! Our Braves are our youngest campers, but don't let their ages fool you — they get to have loads of fun! Campers participate in activities including art, swimming, swim lessons (two times each week), sports, story time and much more! Plus! Each week, campers enjoy a trip that comes to camp on Wednesdays, with lots of fun, hands-on experiences and exciting guests!

BLAZERS

Entering 2nd and 3rd Grade

Welcome Blazers! Our Blazers get involved in team building, sports, arts and crafts, swimming, swim lessons (two times each week) and more! Blazers take weekly field trips off site each Wednesday!

WARRIORS

Entering Grades 4th and 5th

Welcome Warriors! Warriors enjoy activities that incorporate team building, sports, art, science, swim, archery and more. Warriors take weekly field trips off site each Thursday!

Check out our website this **April** to see our **Camp Calendar**, detailing all the fun events and field trips we've planned this summer.

www.CDYMCA.org/Camp 

PATHFINDERS — TRAVEL CAMP

Entering 6th through 8th Grade

High Demand

Join us for an adventure-packed summer! Campers have a blast travelling off site twice each week to fun-filled locations. Campers will enjoy field trips and activities such as White Water Rafting, Laser Tag, our very own YMCA Camp Chingachgook on Lake George, and more!

Join us for the whole summer, or for just one week or two. You choose what works best for you! Campers travel Tuesdays & Thursdays, enjoying all the fun of day camp the rest of the week. Trips take place during regular camp hours. Field trips depart promptly at 9AM and return to Greenbush camp by 4PM.

Please register early! This program is popular and fills up quickly. Any changes to the field trip schedule (some trips may depart early or return late) will be provided to you. In the case of inclement weather, Travel Camp will visit other nearby indoor facilities.

CAMP REGISTRATION

TWO WAYS TO REGISTER:



1. **ONLINE AT** www.CDYMCA.org/CAMP to complete your child's registration.
2. **AT YOUR YMCA BRANCH,** kiosks will be available for you to complete your child's registration. Staff will also be available for assistance.

ADDITIONAL INFORMATION / APPROVALS:

Upon registration, you will receive an email from **CampDoc.com** requesting medical information, immunization records, emergency contacts and authorized pickups, as well as approve medical emergency, photo/video permission, activities, and sunscreen release forms. This is all completed online.



TEEN PROGRAMS & SPECIALTY CAMPS

Our **SPECIALTY CAMPS** focus on one or more subjects for a full week of fun! All specialty camps run from 9AM – 1PM. Wrap our specialty camps with our **Extension Camp option** so your child can participate in all the fun of day camp, from swimming to playing the popular GaGa Ball, to climbing the rock wall and more!

Little Chef's Camp

Week 3 • Grades 1 through 3

Young campers learn how to make quick, easy and fun meals! Campers are challenged to try new foods as we venture through each cooking class. This year, we will explore different countries and cultures on Wednesday as we have "Lunch Around the World" on site. **Lunch is included** in this camp as we eat what we make.



Junior Chef's Camp

Week 4 • Grades 4 through 8

Your child will learn kitchen safety and basic cooking techniques. Campers get to eat what they make as they learn how to follow a recipe, measure and chop ingredients to make healthy and fun meals! Our Junior Chefs will take a field trip off site on Wednesday. **Lunch is included** in this camp!

Creative Arts Camp

Week 5 • Grades 2 through 5

Does your child love to make and create things? This camp is perfect for her/him! Campers create their very own masterpieces with daily art activities that extend from drawing and painting to sculpting and crafting some of their very own take-home "do-it-yourself" activities. Your camper will be sure to come home with fun trinkets, art displays and more! Our Creative Arts campers will take a field trip off site on Wednesday.



Sports Camp

Week 6 • Grades 2 through 5

Learn team building and sportsmanship through friendly competition! From Basketball to Soccer, and Tennis to Pickleball — your child will learn all about her/his favorite sports at camp! Sports Camp teaches campers the ins and outs of each sport. Your child will have a blast while learning new skills! Our Sports Camp will take a field trip off site on Wednesday.



Wizards and Potions Camp

Week 7 • Grades 2 through 8

If Harry Potter can be a wizard, your child can be too! Your wizard will love this magical week of making wands, potions, slime, gaks and goops. This oopy goopy week is sure to provide some messy fun, so please leave your good clothes at home. Don't miss this wand adventure fun! (We apologize in advance for any children turned into frogs.) Our Wizards and Potions camp will ride their broomsticks off site for a field trip on Wednesday.



TEEN PROGRAMS

Leaders-In-Training (LIT) Program

Age 14

Our two week sessions help LITs identify and develop important leadership characteristics. LITs focus on personal development, goal setting and teamwork. Week one is spent getting to know fellow LIT members through team building and group morale activities. Week two focuses on personal development as a leader in camp, school and the community. LITs will participate in fun camp activities with a focus on building a team, self-esteem and training in development of their leadership skills. LITs contribute to a Community Outreach Project before the completion of their two-week session.

Counselor-in-Training (CIT) Program

Age 15

Our two week sessions help CITs learn job skills and identify and develop the characteristics of a good camp counselor. CITs attend child care related trainings that help them learn and understand concepts such as: behavior management skills, safety and awareness, how to lead games and activities, and how to be a positive role model. Our CIT program is also designed to help CITs learn the skills necessary to obtain and retain employment by teaching them job interview skills, resume building and how to complete an application.

LIT and CIT programs are in 2 week repetitive sessions.

SUMMER CAMP PLANNER — Summertime Fun!

Camp Week

CAMP	Member Rate	Non Member Rate	Camp Week										Sub Total	
			#1 6/25 to 6/29	#2* 7/2 to 7/6	#3 7/9 to 7/13	#4 7/16 to 7/20	#5 7/23 to 7/27	#6 7/30 to 8/3	#7 8/6 to 8/10	#8 8/13 to 8/17	#9 8/20 to 8/24	#10 8/27 to 8/31		
Day Camp - Campers are grouped by age (Braves, Blazers, & Warriors)	\$185	\$235												+
Travel Camp - (Pathfinders) Grades 6 to 8	\$230	\$280												+
Leaders-in-Training (LIT) - Age 14	\$210	\$260												+
Counselor-in-Training (CIT) - Age 15	\$180	\$230												+
*WEEK 2 RATES prorated for July 4 th holiday • Day - \$148/\$188 • Travel - \$184/\$224 • LIT - \$168/\$208 • CIT - \$144/\$184														
Little Chefs (Half day camp / Grades 1 to 3)	\$115	\$150												+
Junior Chefs (Half day camp / Grades 4 to 8)	\$115	\$150												+
Creative Arts (Half day camp / Grades 2 to 5)	\$115	\$150												+
Sports (Half day camp / Grades 2 to 5)	\$115	\$150												+
Wizards and Potions (Half day camp / Grades 2 to 8)	\$115	\$150												+
YMCA Extension Camp Add-on option for half day camps	\$100	\$115												+
Subtract \$10 (per week) if you qualify for the sibling discount (for each child after the first child).													-	
You will need to include a weekly \$10 non-refundable camp deposit (per child) when registering.											TOTAL	=		

BILLING SCHEDULE

Camp Week	Payment Due	Camp Begins
Week 1	June 25	June 25
Week 2*	July 2	July 2
Week 3	July 9	July 9
Week 4	July 16	July 16
Week 5	July 23	July 23
Week 6	July 30	July 30
Week 7	August 6	August 6
Week 8	August 13	August 13
Week 9	August 20	August 20
Week 10	August 27	August 27

*Will be pro-rated due to July 4th Holiday

Check out our website this April to see our **Camp Calendar**, detailing all the fun events and field trips we've planned this summer.

www.CDYMCA.org/Camp ←



WEEKLY CAMP THEMES — Weekly Fun!

Week 1

ADVENTURE AWAITS

June 25 - 29

Find your tribe! Meet your squad! Begin to make your way through summer 2018! We'll explore the Y's Core Values of caring, honesty, respect, and responsibility through engaging "get to know me" activities that start summer off right by helping every camper to make friends, memories and fun!

Week 2

SPIRIT WEEK

July 2 - 6
Closed 7/4

Let's celebrate our Greenbush Y pride! We'll continue to welcome summer with traditional spirit week days, activities, games and contests.

Week 3

COLOR GAMES

July 9 - 13

Get ready for one of our most popular weeks of camp, filled with fun, friendly competition. Spend the week showing off your favorite color combos! We'll get messy and creative working with all the colors of the rainbow in many different ways!

Week 4

DANCE THE DECADES

July 16 - 20

The mashed potato! The hustle! The moon walk and MORE! This week promises to keep campers on their feet as we listen and move to the sounds of the 70's, 80's and today.

Week 5

SUPERHERO WEEK

July 23 - 27

With so many superheroes to choose from, we had to make a whole week to celebrate them all! Show off your favorite of all time and help us celebrate our favorite local superheroes!

Event: Lunch with Local Heroes! Friday, July 27

Week 6

PASSPORT TO SUMMER

July 30 - Aug 3

This week, we celebrate fun from around the world! We'll uncover games like Frog Friendship from Cambodia and Marbles from Vietnam! We'll round the week out representing countries from around the world at **Ultimate Summer Games!**

Event: Ultimate Summer Games! Fri., Aug. 3 at 10AM at Adventure Camp

Week 7

HOLLYWOOD WEEK

Aug 6 - 10

Whether it's singing, performing, inventions or magic, we've got the space to celebrate each camper's talents! We'll spend the week practicing a stellar program for our family and friends as we put on our Annual Greenbush Camp Family Night!

Event: Camp Family Night! Thurs., Aug. 9 at 6:30PM (bring a picnic dinner)

Week 8

H2 OH YEAH!

Aug 13 - 17

In the heat of summer, the Y has never been cooler! We're taking water week to a whole new level! Games, activities, indoor and outside, we're making fun using water all week long!

Week 9

GAME ON!

Aug 20 - 24

In the spirit of competition, we're kicking week 9 up a notch with minute to win it competitions, camp-wide sporting events and our very own **COLOR RUN!**

Event: Color Run! Friday, August 24. Campers are encouraged to bring a white t shirt to camp this day.

Week 10

GREATEST HITS WEEK

Aug 27 - 31

For our grand finale week, campers decide the activities! We'll take the most popular themed days, games and activities and relive them one last time this summer!

OVERNIGHT CAMP FUN!



Camp Chingachgook on Lake George

FREE TOURS & FAMILY DAYS!

Please join us at Chingachgook for our **Open House** events on April 22 & 29 and May 6 & May 20. Join us for our **Winter Wonderland** and **Spring Fling Days**, free opportunities for families to experience Camp (archery, crafts, hikes, and more!), lunch is included. Our Winter Wonderland Days are February 17 and 24 and the Spring Fling is May 12.

To RSVP for these events please call 518.656.9462. You can also call to request a personal tour with our Summer Camp Director or Adventure Trips Director at a time that works for your family. Visit www.LakeGeorgeCamp.org or call 518.656.9462 to learn more and sign up for programs.



DAY CAMP FUN!



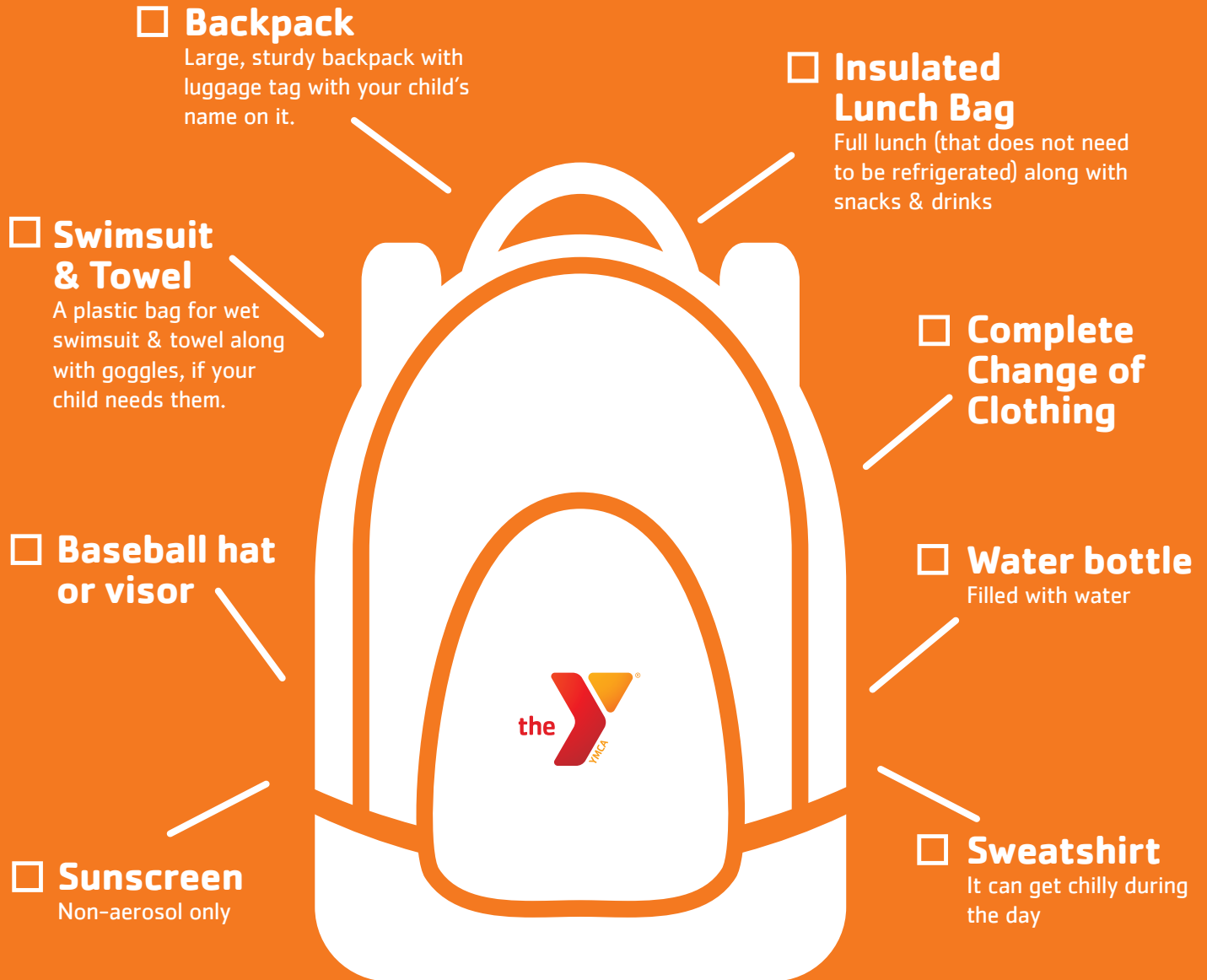
YMCA Adventure Camp

Located just off Route 155 in Guilderland, YMCA Adventure Camp is our **premier regional day camp**, with an outdoor pool, pond with paddle boats, zip line, rock wall, and much more!

FREE TOURS!

Visit www.CDYMCA.org today for our tour schedule, or call 518.456.6929. Also, join us for one of our **Open House** events: Wednesday, May 16 (5 to 7PM) and Sunday, June 3 (11AM to 1PM).

WHAT TO BRING TO CAMP — Camper Essentials!



PLEASE ADD YOUR CHILD'S NAME TO EVERYTHING THEY BRING TO CAMP.

Also, please have your child dress appropriately (shorts/t-shirts) for outdoor play (no dresses/skirts/dress shoes).
Please send your child in SNEAKERS EVERYDAY (no flip-flops or sandals).

Each camper receives a camp T-shirt.

For the safety of your child, we ask that all campers wear their camp T-shirt on field trip days.

To help your child take full advantage of all that we have to offer, please leave these items home:



Personal toys from home
Electronic equipment
(including cell phones, Nintendo DS, and other gaming devices)
Trading or game cards



CAPITAL DISTRICT YMCA
Greenbush Branch
20 Community Way
East Greenbush, NY 12061

PHONE 518.477.2570
FAX 518.479.0615

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JOIN US!

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Saturday, June 16 • 12 to 2PM

