



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



READY...SET...
SUMMER!

**Southern Saratoga YMCA
SUMMER CAMP 2018**

Great Fun! Great Value! From 7AM to 6PM!

At the Y, summer camp is an enjoyable and impactful blast for your child, and flexible and convenient for you!

JUST LOOK AT ALL WE OFFER

From 7 to 9AM and from 4 to 6PM, we care for your child before camp starts each day and after it ends each day at **no additional charge**. That's 11 hours of care daily!

SIBLING SAVINGS = For Each Additional Child in Camp, Save \$100!

With our sibling savings option, you save more for each additional child you send together to camp. For each additional child who attends camp, you save \$10 a week! That's a savings of up to \$100 for each additional child.

FINANCIAL ASSISTANCE

We offer financial assistance for those who need help to afford summer camp. Please call us today to learn more at 518.371.2139. We're able to offer summer camp to those in need thanks to the generosity of many donors who support our Annual Campaign. Please help us help others. Donate to the Y today.



CAMP CONTACTS

CHILDCARE DIRECTOR:

Kimberly Dandino — 518.371.2139 x 5520

ASSISTANT CAMP DIRECTOR:

Deb Donovan — 518.229.8180

BILLING & DSS QUESTIONS:

Billing Services Dept. — 518.869.3500 x 9960

IN CASE OF AN EMERGENCY:

If you need to reach your child while she/he is with us at camp, please call 518.229.8180 until 2PM then they would call 518.376.2068 after 2PM.

NEW This Summer!

- Revamped Teen Camp
- More Variety of Age-Appropriate Activities
- New Specialty Camps
- Community Service Projects

JOIN US!

Camp Open House Dates

Please join us for a preview of summer camp.

All are welcome!

WEDNESDAY, JUNE 6

First-Time Camper Parents

6:15 to 7:30PM

THURSDAY, JUNE 7

Returning Camper & CIT Parents

6:15 to 7:30PM



Swim Lessons Available!

Summer camp is a great time for your child to learn to swim. It's convenient for you, and great fun for your child! We offer swim lessons two days a week. Your child will learn floating, basic swim strokes and skills appropriate for her/his age and swim level — all under the guidance of our certified swim instructors.

Safety Comes First

Our day camps meet the highest health and safety standards of the YMCA and the NYS Health Department. Camps are inspected twice each year by the Department of Health and files are available for inspection at your county health department office. First Aid equipment is maintained on and off site and staff are trained in First Aid and CPR.

Camper Safety

Safety comes first at the Y. That's why we ask all campers to celebrate camp in ways that are respectful to themselves, other campers, and our staff. To ensure the safety of all those in our care, a camper whose behavior poses a risk to safety may be removed from camp.

Photos and Videos

To help share the fun of summer camp, YMCA staff use photographs and videos that feature children from our camps for promotional materials.

Refunds

We cannot refund the cost of camp for the voluntary withdrawal of a camper due to illness, vacation, or other absence (temporary or permanent), or for the dismissal of a camper.

OUR PROGRAMS — Building Confident Children

DAY CAMP

Entering Grades 1 – 9

We help your child build confidence while enjoying a variety of activities that encourage your child to develop independence while learning new skills. Campers enjoy swimming, sports, art, and special events.

Children enjoy activities that involve social interaction, educational opportunities, leadership building, personal growth and creativity. Campers are divided into groups by age, with activities appropriate to the interests and needs of each group.

Each week has a fun theme and for Grades 3 and higher includes an off-site field trip!

Children also engage in community-building projects and many opportunities for personal growth with our focus on discovery, hands-on education, and enriched learning opportunities.



TRAVEL CAMP

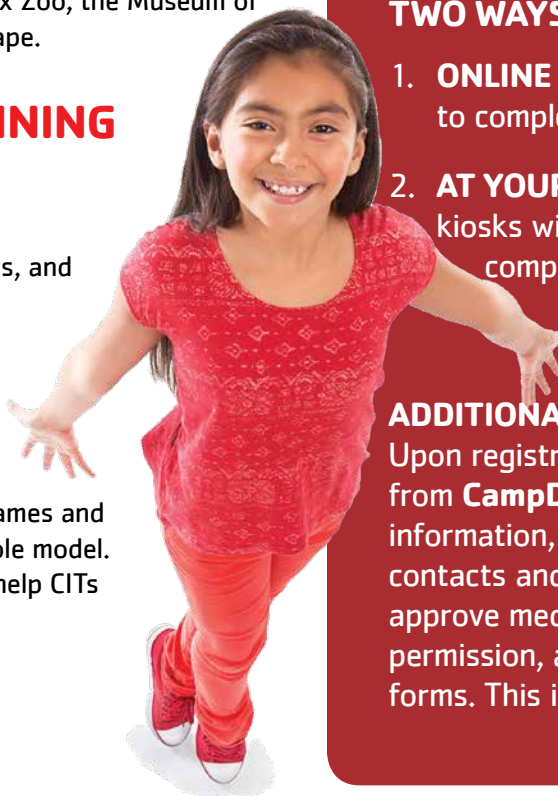
Entering Grades 4 – 9

This camp is geared toward middle schoolers. We enhance camp by helping campers create a camp of their own. Teen campers travel off-site 3 times a week. The other 2 days are spent at the YMCA engaged in community service projects, arts and crafts related to the weekly theme, and sports activities. Field trips include the Bronx Zoo, the Museum of Science in Boston, and the Great Escape.

COUNSELOR-IN-TRAINING (CIT) PROGRAM

Grade 10

Our program helps CITs learn job skills, and identify the characteristics of a good counselor as they develop those characteristics in themselves. CITs attend child care related trainings that help them learn and understand such skills as behavior management, safety and awareness, how to lead games and activities, and how to be a positive role model. The CIT program is also designed to help CITs learn skills necessary to obtain and retain employment.



CAMP REGISTRATION



TWO WAYS TO REGISTER:

1. **ONLINE AT** www.CDYMCA.org/CAMP to complete your child's registration.
2. **AT YOUR YMCA BRANCH,** kiosks will be available for you to complete your child's registration. Staff will also be available for assistance.

ADDITIONAL INFORMATION/APPROVALS:

Upon registration, you will receive an email from **CampDoc.com** requesting medical information, immunization records, emergency contacts and authorized pickups, as well as approve medical emergency, photo/video permission, activities, and sunscreen release forms. This is all completed online.

SPECIALTY CAMPS — Encouraging Exploration

GRADES 1 to 3

Animal Planet Camp

Weeks 1 & 5

Animal Enthusiasts this is your week! Campers will have a unique hands-on experience enhanced with projects and activities that explore the animal kingdom. This camp will captivate the most eager campers as they learn about the animal kingdom.

Mini Meals

Weeks 1 & 6

If it fits in a muffin tin, we're cooking it! Campers will learn how to make everything from pizza to mac and cheese...all in perfect, bite-sized portions!

High Demand

Young Explorers Camp

Weeks 2 & 7

Great for kids who love to be outside! If your child enjoys playing in the outdoors and getting dirty, this is your camp. Campers experience the outdoors while learning basic outdoor survival techniques.



Deep Space Sparkle

Weeks 3 & 8

Create amazing space themed paintings, drawings and sculptures! Campers will work with different mediums to create art that's Out of This World!

Secret Agent Lab

Weeks 3 & 9

Whodunit? Check out clues using handwriting analysis, UV prints and other evidence. Step into the shoes of a detective and uncover the science involved in evidence gathering and analysis.



Busy Builder Camp

Week 4

Dream it. Build it. Wreck it. Repeat. We challenge our builders in this camp to think outside the box as we incorporate building challenges that involve LEGOS, blocks and even spaghetti and marshmallows. Using the fundamental principles of engineering and physics, we take this camp to new "heights." Is your camper up for the challenge?

SPECIALTY CAMPS =

A Full Day of Fun

Our Specialty Camps are full day. Campers have lunch and swim with their specialty camp group. Campers in specialty camps stay on-site.

Harry Potter Academy

Weeks 4 and 7

Harry Potter is coming to camp! From the moment you arrive at the Southern Saratoga YMCA Branch of Hogwarts School of Wizardry, you'll encounter fantastic beasts and creatures, learn potions and spells, and attend Quidditch practice. Prepare to immerse yourself in the world of Harry Potter.



GRADES 4 to 7

Game Maker

Week 1

Do you love board games and inventing things? Do you have an endless imagination and love to create? Game Makers learn about what makes games successful and use this knowledge to create their own board game.

Pokémon Madness

Weeks 2 and 6

Campers can bring all of their Pokémon cards to camp for the opportunity to trade, swap and share with their friends. Campers also get to create their own Pokémon characters, design a storyline and even learn about the history of Pokémon.

Spa Science

Weeks 3 and 6

Create your very own bath and beauty formulas in our spa science studio. Aspiring scientists will love making colorful and fragrant bath bombs, lip balm and more. Campers will have all the natural ingredients and fragrances they need to create a safe and luxurious spa experience.

Cooking Around the World

Week 4 and 7

Fresh spices and unique ingredients guide campers on a journey around the globe! During this unique cooking experience, campers will learn how to make foods from 5 different countries. Each day focuses on a new country as we make foods that are specific to each country's culture.

High Demand

LEGO Camp

Week 5

Get inspired with some of the world's most iconic construction tools: LEGOs. Campers enjoy structured activities, free build time and fun games designed to spark imagination and challenge creativity.



Drama Camp

Week 7

Campers will learn about drama by rehearsing and presenting a fun and exciting play designed just for kids. This camp isn't just for aspiring actors and actresses. Those who don't want to be onstage can help backstage with sets and costumes. The play will be presented during our camp talent show.

Duct Tape Creations

Week 8

Have a fascination with Duct Tape? This is the camp for you! From wallets to covers, balls to animals, duct tape can make it all. Explore, create, imagine and accessorize.

SUMMER CAMP PLANNER — Summertime Fun!

CAMP	Member Rate	Non Member Rate	Camp Week										Sub Total	
			#1 6/25 to 6/29	#2* 7/2 to 7/6	#3 7/9 to 7/13	#4 7/16 to 7/20	#5 7/23 to 7/27	#6 7/30 to 8/3	#7 8/6 to 8/10	#8 8/13 to 8/17	#9 8/20 to 8/24	#10 8/27 to 8/31		
Day Camp (Grades 1 - 9)	\$190	\$240												+
Travel Camp (Grades 4 - 9)	\$350	\$400												+
Counselor-in-Training (CIT) (Grade 10)	\$140	\$190												+
Swim Lessons <small>Add on option for day camp only</small>	\$15	\$25												+
*WEEK 2 RATES prorated for July 4 th holiday • Day - \$152/\$192 • Teen - \$280/\$320 • CIT - \$112/\$152 • Specialty - \$184/\$224														
Grades 1 to 3	Animal Planet	\$230	\$280											+
	Mini Meals	\$230	\$280											+
	Young Explorers	\$230*	\$280*											+
	Deep Space Sparkle	\$230	\$280											+
	Secret Agent Lab	\$230	\$280											+
	Busy Builder Camp	\$230	\$280											+
	Harry Potter Academy	\$230	\$280											+
Grades 4 to 7	Game Maker	\$230	\$280											+
	Pokémon Madness	\$230*	\$280*											+
	Spa Science	\$230	\$280											+
	Cooking Around the World	\$230	\$280											+
	LEGO Camp	\$230	\$280											+
	Drama Camp	\$230	\$280											+
	Duct Tape Creations	\$230	\$280											+
Subtract \$10 (per week) if you qualify for the sibling discount (for each child after the first child).													-	
You will need to include a weekly \$10 non-refundable camp deposit (per child) when registering.											TOTAL	=		

BILLING SCHEDULE

Camp Week	Payment Due	Camp Begins
Week 1	June 25	June 25
Week 2*	July 2	July 2
Week 3	July 9	July 9
Week 4	July 16	July 16
Week 5	July 23	July 23
Week 6	July 30	July 30
Week 7	August 6	August 6
Week 8	August 13	August 13
Week 9	August 20	August 20
Week 10	August 27	August 27

*Will be pro-rated due to July 4th Holiday



WEEKLY CAMP THEMES — Weekly Fun!

Week 1

June 25 - 29

ADVENTURE AWAITS

Find your tribe! Meet your squad! Begin to make your way through summer 2018! We'll explore the Y's Core Values of caring, honesty, respect, and responsibility through engaging "get to know me" activities that start summer off right by helping every camper to make friends, memories and fun!

Week 2

July 2 - 6

Closed

July 4th

SPIRIT WEEK

Help us celebrate and show your camp spirit with these daily camp themes!

Monday — Crazy Hair Day

Thursday — Hat Day

Tuesday — Red, White and Blue Day

Friday — PJ Day

Wednesday — Closed for July 4th holiday

Week 3

July 9 - 13

COLOR GAMES

Get ready for one of our most popular weeks of camp, filled with fun, friendly competition. Spend the week showing off your favorite color combos! We'll get messy and creative working with all the colors of the rainbow in many different ways!

Week 4

July 16 - 20

GAME ON!

It's fun and games all week long! Campers will enjoy Minute to Win It activities, game show type challenges and fun carnival games!

Week 5

July 23 - 27

SUPERHERO WEEK

Help us save the world! We'll enjoy a week at camp doing fun activities and great games. We'll celebrate all our heroes, from comic book heroes to real life heroes!

Week 6

July 30 - Aug 3

PASSPORT TO SUMMER

Pack your bags and grab your passports. We're off on new adventures learning about different cultures and countries through games, music, and crafts. We'll round the week out representing countries from around the world at **Ultimate Summer Games!** Fri., Aug. 3, 10AM at Adventure Camp

Week 7

Aug 6 - 10

HOLLYWOOD WEEK

Whether it's singing, performing, inventions or magic, we've got the space to celebrate each camper's talents! We'll spend the week practicing a stellar program for our family and friends as we put on our Camp Talent Show! Walk the red carpet and create your very own YMCA Walk of Fame.

Week 8

Aug 13 - 17

H2 OH YEAH!

Don't let the heat stop you! This will be one wild, wet and water filled week! Pack a swimsuit, goggles and sunscreen as we prepare to play extreme water games.

Week 9

Aug 20 - 24

DANCE THE DECADES

The mashed potato! The hustle! The moon walk and MORE! This week promises to keep campers on their feet as we listen and move to the sounds of the 50s, 60s, 70s, 80s and 90s.

Monday — 50s Sock Hop Day

Thursday — 80s Hair Band Day

Tuesday — 60s Tie Dye Day

Friday — 90s Grunge Day

Wednesday — 70s Disco Day

Week 10

Aug 27 - 31

GREATEST HITS WEEK

For our grand finale week, campers decide the activities! We'll take the most popular themed days, games and activities and relive them one last time this summer!

OVERNIGHT CAMP FUN!



Camp Chingachgook on Lake George

FREE TOURS & FAMILY DAYS!

Please join us at Chingachgook for our **Open House** events on April 22 & 29 and May 6 & May 20. Join us for our **Winter Wonderland** and **Spring Fling Days**, free opportunities for families to experience Camp (archery, crafts, hikes, and more!). Lunch is included. Our Winter Wonderland Days are February 17 and 24 and the Spring Fling is May 12.

To RSVP for these events please call 518.656.9462. You can also call to request a personal tour with our Summer Camp Director or Adventure Trips Director at a time that works for your family. Visit www.LakeGeorgeCamp.org or call 518.656.9462 to learn more and sign up for programs.



DAY CAMP FUN!



YMCA Adventure Camp

Located just off Route 155 in Guilderland, YMCA Adventure Camp is our **premier regional day camp**, with an outdoor pool, pond with paddle boats, zip line, rock wall, and much more!

FREE TOURS!

Visit www.CDYMCA.org today for our tour schedule, or call 518.456.6929. Also, join us for one of our **Open House** events: Wednesday, May 16 (5 to 7PM) and Sunday, June 3 (11AM to 1PM).

WHAT TO BRING TO CAMP — Camper Essentials!

Backpack

Large, sturdy backpack with luggage tag with your child's name on it.

Insulated Lunch Bag

Full lunch (that does not need to be refrigerated) along with snacks & drinks

Swimsuit & Towel

A plastic bag for wet swimsuit & towel along with goggles, if your child needs them.

Complete Change of Clothing

Baseball hat or visor

Water bottle

Filled with water

Sunscreen

Non-aerosol only

Sweatshirt

It can get chilly during the day



PLEASE ADD YOUR CHILD'S NAME TO EVERYTHING THEY BRING TO CAMP.

Also, please have your child dress appropriately for outdoor play (no dresses/skirts/dress shoes).

Please send your child in SNEAKERS EVERYDAY (no flip-flops or sandals).

Each camper receives a camp T-shirt.

For the safety of your child, we ask that all campers wear their camp T-shirt on field trip days.

To help your child take full advantage of all that we have to offer, please leave these items home:



Personal toys from home
Electronic equipment
(including cell phones, Nintendo DS, and other gaming devices)



**CAPITAL DISTRICT YMCA
Southern Saratoga Branch**

1 Wall Street
Clifton Park, NY 12065

PHONE 518.371.2139
FAX 518.383.2748

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NEW
in 2018

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- New Specialty Camps
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