

**Monster Madness 5K**  
**The Y - Troy, NY**  
**Saturday, October 25, 2014 9:00 A.M.**

**Capital District YMCA 2014 Healthy Community Series Event**

Race with Us [racewithus@mindspring.com](mailto:racewithus@mindspring.com)

Place	Div/Tot	Name	Ag	S	City/town	St	Time	Pace
<b>1</b>	<b>1/5</b>	<b>Bob Baniak</b>	<b>31</b>	<b>M</b>	<b>Troy</b>	<b>NY</b>	<b>18:26</b>	<b>5:56</b>
2	1/1	Jesse Petrucci	19	M	kings park	NY	19:04	6:09
3	1/12	Bill Hoffman	47	M	Clifton Park	NY	19:32	6:17
4	2/12	Norris Pearson	48	M	Troy	NY	20:33	6:37
<b>5</b>	<b>1/8</b>	<b>Alicia Bousa</b>	<b>19</b>	<b>F</b>	<b>Albany</b>	<b>NY</b>	<b>20:47</b>	<b>6:42</b>
6	1/5	Andy Gilchrist	22	M	Cropseyville	NY	20:50	6:43
7	1/10	Scott Moro	50	M	Clifton Park	NY	20:54	6:44
8	3/12	George Burke	49	M	Troy	NY	20:59	6:45
9	2/10	Michael Bromm	54	M	Valley Falls	NY	22:54	7:23
10	1/11	Lisa Brolok	40	F	Rensselaer	NY	23:10	7:28
11	3/10	Brian Smith	58	M	Troy	NY	23:33	7:35
12	2/5	Erick Selzo	23	M	Kingston	NY	23:45	7:39
13	1/4	Spencer Daley	12	M	Troy	NY	23:56	7:43
14	1/6	Faith Borkowski	10	F	Niskayuna	NY	24:00	7:44
15	4/10	Michael Malsch	51	M	Troy	NY	24:11	7:47
16	1/7	Chester Tumidajewicz	60	M	Amsterdam	NY	24:17	7:49
17	1/13	Amanda Lynch	21	F	Troy	NY	24:22	7:51
18	2/13	Bailei Tetrault	21	F	Cohoes	NY	24:22	7:51
19	3/13	Alison Mann	28	F	East Greenbush	NY	24:34	7:55
20	4/13	Kassandra Andrade	23	F	Troy	NY	24:38	7:56
21	2/8	Jacqueline Sortor	19	F	Colchester	VT	25:09	8:06
22	5/13	Kristen Van Gilst	20	F	Troy	NY	25:17	8:08
23	4/12	Scott Frass	40	M	Troy	NY	25:17	8:09
24	5/12	John Greene	48	M	Troy	NY	25:23	8:11
25	2/7	John Fitzgerald	63	M	Troy	NY	25:26	8:11
26	2/5	Marty Dunbar	38	M	Troy	NY	25:49	8:19
27	3/5	David Burns	39	M	Castleton	NY	25:53	8:20
28	1/9	Gail Volk	54	F	West Hurley	NY	25:57	8:21
29	4/5	Anil Mangal	36	M	Schenectady	NY	26:34	8:34
30	3/7	Frank Bender	63	M	Troy	NY	26:40	8:35
31	3/8	Katie Sidford	15	F	Troy	NY	26:49	8:38
32	1/9	Lottie Dunbar	39	F	Troy	NY	26:50	8:39
33	4/8	Josephine Wray	15	F	Troy	NY	27:04	8:43
34	2/4	Liam Hoffman	10	M	Clifton Park	NY	27:11	8:45
35	2/9	Kalynn Droz	30	F			27:14	8:46
36	3/4	Alex VanDerKar	12	M	Averill Park	NY	27:31	8:52
37	2/6	Gabrielle Skiba	12	F	Troy	NY	27:32	8:52
38	1/1	Hope Borkowski	8	F	Niskayuna	NY	27:44	8:56
39	6/13	Courtney Reynolds	21	F	Troy	NY	27:45	8:56
40	7/13	Ellen Boucher	21	F	Williston	VT	27:45	8:56
41	5/8	Kate Goodell	19	F	Shaftsbury	VT	27:45	8:56
42	8/13	Ashley Clough	21	F	Troy	NY	27:46	8:56
43	6/8	Emily Gaukstern	18	F	Amherst	NH	27:46	8:57
44	3/5	Brett Mann	27	M	East Greenbush	NY	27:59	9:01
45	1/5	Barbara Bender	60	F	Troy	NY	28:03	9:02
46	3/6	Julia Skiba	10	F	Troy	NY	28:16	9:06
47	2/11	Karen Skiba	43	F	Troy	NY	28:19	9:07
48	4/6	Julia Hanlon	11	F	Averill Park	NY	28:23	9:08
49	5/10	Steve Obermayer	53	M	Burnt Hills	NY	28:34	9:12
50	3/9	Jennifer Brust	33	F	Albany	NY	28:39	9:14
51	4/4	Brennon Kelly	10	M	Selkirk	NY	28:41	9:14
52	6/12	Jerry Mack	46	M	Troy	NY	28:45	9:15
53	2/9	Sharon Mahoney	57	F	Troy	NY	28:45	9:16
54	7/12	Sjhon Brown	45	M	Albany	NY	28:48	9:17
55	4/7	Leo DiPierro	64	M	Cherry Plain	NY	29:37	9:32
56	6/10	Jim Stleehan	52	M	Cohoes	NY	29:49	9:36
57	7/8	Claudia Stirpe	18	F	Syracuse	NY	29:58	9:39

58	7/10	Chris Borkowski	54	M	Niskayuna	NY	30:15	9:44
59	4/9	Jolene Voiltshire	33	F	Troy	NY	30:15	9:45
60	3/11	Kim Lockridge-Hetk	49	F	Troy	NY	30:48	9:55
61	9/13	Jennifer Wehner	24	F	Troy	NY	31:31	10:09
62	4/11	Kathleen Tersigni	44	F	Burnt Hills	NY	31:41	10:12
63	8/10	Joseph Masi	56	M	Schenectady	NY	32:11	10:22
64	3/9	Tanah Corelli	58	F	Latham	NY	32:18	10:24
65	5/11	Catherine Barber	49	F	Schenectady	NY	32:26	10:27
66	5/9	Tricia Rossi	35	F	Ballston Lake	NY	32:28	10:27
67	5/6	Lilli VanDerKar	10	F	Averill Park	NY	32:30	10:28
68	9/10	Frank Young	52	M	Guilderland	NY	32:54	10:36
69	6/9	Amy VanDerKar	38	F	Averill Park	NY	33:03	10:39
70	8/12	Josh DiPierro	40	M	Cherry Plain	NY	33:06	10:40
71	5/7	Albert Smith	60	M	Clifton Park	NY	33:19	10:44
72	9/12	Brian Kelly	41	M	Selkirk	NY	33:32	10:48
73	7/9	Renetta Tallman	39	F	Scotia	NY	34:04	10:58
74	10/12	Daniel Hanlon	44	M	Averill Park	NY	34:10	11:00
75	6/7	William Hains	68	M	Troy	NY	34:43	11:11
76	2/5	Alice Carpenter	64	F	Delmar	NY	34:55	11:15
77	10/13	Kasey Dunbar	20	F	Allendale	NJ	35:21	11:23
78	11/13	Lauren Young	20	F	Kirkwood	MO	35:21	11:23
79	8/8	Shaina Iton	18	F	Peekskill	NY	35:21	11:23
80	3/5	Nancy Johnston	68	F	Ballston Lake	NY	35:27	11:25
81	4/9	Pilar Burnett	57	F	Schenectady	NY	35:57	11:35
82	8/9	Rebecca Plouff	36	F	Waterford	NY	36:18	11:41
83	4/5	Christian Jacobs	25	M	Albany	NY	37:04	11:56
84	12/13	Victoria Bartucci	25	F	Albany	NY	37:04	11:56
85	5/5	Nathan Gerardo	28	M	Scotia	NY	37:11	11:58
86	6/11	Ellen Borkowski	49	F	Niskayuna	NY	37:21	12:02
87	10/10	Steven Gardner	57	M	Clifton Park	NY	37:42	12:08
88	4/5	Lucy Verrigni	67	F	Schenectady	NY	38:01	12:14
89	7/7	John Vavasour	65	M	Albany	NY	38:08	12:17
90	7/11	Holly Polsinelli	41	F	Glenville	NY	38:11	12:18
91	5/9	Cathy Sheehan	54	F	Cohoes	NY	38:20	12:21
92	6/9	Sharon Winchester	57	F	Rensselaer	NY	38:22	12:21
93	7/9	Margaret Verhayden	56	F	Schenectady	NY	38:54	12:32
94	6/6	Karen Masi	13	F	Schenctady	NY	38:55	12:32
95	8/9	Joanne Genovesi	56	F	East Greenbush	NY	39:38	12:46
96	8/11	Amy Armando	44	F	Castleton	NY	39:46	12:48
97	9/9	Nichole Krisanda	32	F	East Greenbush	NY	39:46	12:48
98	11/12	David Brown	46	M	Altamont	NY	40:13	12:57
99	9/9	Susan Gardner	55	F	Clifton Park	NY	40:55	13:11
100	9/11	Colleen Verhayden	41	F	Schenectady	NY	42:50	13:47
101	13/13	Jennifer Gerardo	28	F	Scotia	NY	44:54	14:27
102	12/12	Darien Gundrum	49	M	Schenectady	NY	45:14	14:34
103	1/1	Ajai Mangal	6	M	Schenectady	NY	52:00	16:45
104	5/5	Kamini Ramphal	36	M	Schenectady	NY	52:34	16:55
105	10/11	Jen Hughes	41	F	Schenectady	NY	52:54	17:02
106	5/5	Leila Constable	69	F	Schenectady	NY	52:54	17:02
107	11/11	Sloane Bullolugh	44	F	Troy	NY	58:12	18:44

## Awards

### \*\*\*\*\* MALE OVERALL AWARD \*\*\*\*\*

1	Bob Baniak	31	Troy	NY	18:26
2	Jesse Petrucci	19	kings park	NY	19:04
3	Bill Hoffman	47	Clifton Park	NY	19:32

### \*\*\*\*\* FEMALE OVERALL AWARD \*\*\*\*\*

1	Alicia Bousa	19	Albany	NY	20:47
2	Lisa Brok	40	Rensselaer	NY	23:10
3	Faith Borkowski	10	Niskayuna	NY	24:00

### MALE AGE GROUP: 1 - 9

1	108	Ajai Mangal	6	Schenectady	NY	52:00
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### FEMALE AGE GROUP: 1 - 9

1	39	Hope Borkowski	8	Niskayuna	NY	27:44
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		MALE AGE GROUP: 10 - 14			
1	13 Spencer Daley	12 Troy	NY	23:56	
		FEMALE AGE GROUP: 10 - 14			
1	38 Gabrielle Skiba	12 Troy	NY	27:32	
		MALE AGE GROUP: 15 - 19			
		FEMALE AGE GROUP: 15 - 19			
1	21 Jacqueline Sortor	19 Colchester	VT	25:09	
		MALE AGE GROUP: 20 - 29			
1	6 Andy Gilchrist	22 Cropseyville	NY	20:50	
		FEMALE AGE GROUP: 20 - 29			
1	17 Amanda Lynch	21 Troy	NY	24:22	
		MALE AGE GROUP: 30 - 39			
1	27 Marty Dunbar	38 Troy	NY	25:49	
		FEMALE AGE GROUP: 30 - 39			
1	33 Lottie Dunbar	39 Troy	NY	26:50	
		MALE AGE GROUP: 40 - 49			
1	4 Norris Pearson	48 Troy	NY	20:33	
		FEMALE AGE GROUP: 40 - 49			
1	48 Karen Skiba	43 Troy	NY	28:19	
		MALE AGE GROUP: 50 - 59			
1	7 Scott Moro	50 Clifton Park	NY	20:54	
		FEMALE AGE GROUP: 50 - 59			
1	29 Gail Volk	54 West Hurley	NY	25:57	
		MALE AGE GROUP: 60 - 69			
1	16 Chester Tumidajewicz	60 Amsterdam	NY	24:17	
		FEMALE AGE GROUP: 60 - 69			
1	46 Barbara Bender	60 Troy	NY	28:03	
		MALE AGE GROUP: 70 - 99			
		FEMALE AGE GROUP: 70 - 99			

### 3K Walk Results

Place	Name	Ag	S	City/town	St	Time	Pace
1	Valerie Bousa	55	F	Albany	NY	25:48	13:51
2	Grace Hanlon	8	F	Averill Park	NY	33:02	17:44
3	Paula Hanlon	42	F	Averill Park	NY	36:54	19:48
4	John Britton	71	M	Troy	NY	38:16	20:32
5	Sinnia Stewart	41	F	Troy	NY	58:11	31:13